

# THE EMPOWERING EIGHT

## MEET THESE SELF-MADE SUCCESSFUL INDIAN WOMEN

This article spotlights eight exceptional women who are revolutionising their fields and transforming lives with their remarkable accomplishments and inspiring personal journeys.

**Elevate Media** discovers the powerful stories of these self-made achievers as they overcome challenges, break boundaries, and redefine what success looks like in today's fast-evolving world.

### AMARPREET KAUR (OSHEEN ORACLE)

Amarpreet Kaur, known widely as Osheen Oracle, is a leading voice in modern spirituality, emotional transformation, and energy healing. A TEDx Speaker, she is celebrated for translating ancient metaphysical wisdom into practical, life-shifting frameworks that help people realign their relationships, mindset, and inner world. With 10+ years of experience, Amarpreet has guided thousands across India and abroad through her signature white-light healing processes, intuitive readings, and transformative relationship work. Her integrative energy practices and grounded approach to consciousness have established her as one of India's most influential spiritual mentors. Her mission is to help individuals reclaim their power, dissolve energetic blocks, and consciously design the life they truly desire. Featured in leading media outlets and honoured with multiple awards, she continues to redefine contemporary spiritual healing through Osheen Oracle—making it accessible, ethical, and deeply life-changing.

### YASSMIN MISTRY

Yassmin Mistry is an accomplished business leader and social contributor, serving as the Managing Director of Durand Forms India Pvt. Ltd., Mistry Logistics, and YM Securities. Honored with multiple national awards, including Mrs. World International 2022, Top 10 Emerging Leaders 2023, and Business Leadership of the year 2023, she is widely recognized for her impactful entrepreneurship. Her accolades span from Times Now's

Outstanding Business Leaders 2024 to the Real Woman Award in construction. As a founder trustee of ZIFI, she remains deeply committed to community upliftment, especially within the Parsi/Irani Zoroastrian community, embodying leadership, resilience, and service.

### GEETIKA ANAND GUPTA

Geetika Anand Gupta is the Co-founder & CEO of MOPP Foods, the company behind the popular brands Mad Over Parathas & Pakodas (MOPP), Mealy, Sassy Indian, Yum Biryani Bowls, and Khichdi in a Bowl. An MBA gold medalist and scholarship recipient from Amity Business School, Geetika brings over 22 years of experience in brand marketing, hospitality, and corporate communications. She has led marketing functions for global giants such as Sony and HTC, and continues to mentor startups on branding and market strategy. In 2016, she returned to India to pursue her entrepreneurial vision and soon identified the need for hygienic, standardized versions of India's beloved street foods. This led to the creation of MOPP, which later evolved into a multi-brand cloud kitchen venture and secured investment on Shark Tank India. Recognized nationally through multiple awards, Geetika stands as a prominent voice in women entrepreneurship and India's rapidly evolving F&B ecosystem.

### DR. MINAAKSHI RATHOUR

Dr. Minaakshi Rathour is a globally recognized Intuitive Decision Strategist, Tarot & Astrology Expert, Transformational Guide, and Award-Winning Author. With 10+ years of corporate experience in HR and leadership, she blends spiritual intelligence, emotional mastery, and

intuitive precision to help individuals navigate relationships, career transitions, karmic patterns, and high-stakes decisions with clarity and confidence.

Author of the acclaimed book *Flying Solo: Embracing Self-Love*, she inspires thousands to rebuild inner strength and step into empowered living. Her work has earned prestigious honors, including the Dr. Sarojini Naidu International Award, Global Excellence & Leadership Award for Most Admired Astrologer & Celebrity Tarot Reader (Delhi & NCR 2025), and the Global Icon of Tarot & Spiritual Mastery Award. Sought by clients across the UK, US, Europe, Singapore, and the Middle East, Minaakshi is known for her calm authority and transformative insights. Her premium clarity sessions deliver rapid breakthroughs, inner alignment, and life-changing direction.

### DR. KULSUM HUSAIN

Dr. Kulsum Husain, founder of Iridia Dental, is a Mumbai-based dentist driven by precision, empathy, and intelligent clinical design. A graduate of Government Dental College, Mumbai, she is pursuing a Master's Diploma in Implant Dentistry with the European Association of Osseointegration (EAO). Her practice embodies calm, comfort-focused, and evidence-based care rooted in integrity enabled by precision technology. Beyond dentistry, she is the author of *Metropolis Manners* and is writing about the future of human consciousness. Whether in writing or clinical work, her purpose is to understand humanity and build systems defined by care, intelligence, and grace. Visit [www.iridiadental.com](http://www.iridiadental.com)

### SONALI ASHAR

Sonali Ashar Designs leads the world of luxury turnkey interiors, creating bespoke residential and commercial spaces with refined aesthetics and meticulous detail. Based in South Mumbai and working Pan India, Sonali brings over two decades of expertise to crafting environments where beauty and functionality coexist effortlessly. Her

portfolio spans mindfully designed luxury residences for business leaders, expansive commercial spaces for prominent enterprises, boutique stores for luxury retail, holiday homes and very recently a stunning bungalow for a leading Bollywood luminary. At the heart of her work lies a deeply personalised philosophy - each project is a nuanced translation of the client's lifestyle, personality, and aspirations. Sonali intuitively weaves these individual nuances into spatial form, resulting in interiors as unique as the people who inhabit them.

### PARUL VIJAYWARGIYA

Zeba by Parul is a premium fashion label from Jaipur, India, celebrated for its luxurious blend of Indo-Western aesthetics. Known for her signature draping styles, Parul, fondly called the "Queen of Drapes," brings an effortless elegance and modern charm to every creation. From glamorous cocktail ensembles to statement occasion wear, each piece from Zeba reflects a perfect harmony of contemporary silhouettes and traditional Indian craftsmanship. The brand has been adorned by numerous celebrities and has graced the covers of leading fashion magazines, establishing itself as a name synonymous with sophistication and innovation. Over the years, Zeba by Parul has bagged multiple design awards, further solidifying its position in the Indian luxury fashion space. With a vision to make its mark internationally, the brand's future focus is global expansion, taking Jaipur's artistry and modern couture to fashion capitals across the world.

### KAVITHA S

Kavitha S, a Software Enterprise Architect and passionate model from Bangalore, fulfilled a two-decade dream by becoming Mrs. India 2025. When her name was announced, she felt time stand still—an affirmation that perseverance truly pays off. Balancing motherhood, marriage, and a demanding tech career shaped her resilience and strengthened her purpose. Determined to become the woman she once needed, she hopes her journey inspires others to reclaim their dreams at any stage of life. For Kavitha, pageantry is more than glamour; it is growth, confidence, and sisterhood. With her crown, she aims to empower women—especially working mothers—through emotional wellness and self-worth.



Amarpreet Kaur



Yassmin Mistry



Geetika Anand Gupta



Dr. Minaakshi Rathour



Dr. Kulsum Husain



Sonali Ashar



Parul Vijaywargiya



Kavitha S

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# FEMINA

*Be  
unstoppable*

THE  
BIG  
RECAP  
2025  
FASHION  
BEAUTY  
CAREER  
LOVE  
FOOD  
TRAVEL  
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FINANCE  
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THE  
VISION

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